

TAKE 2

...to know the signs

Take two minutes to learn the symptoms of a stroke. Acting fast when they occur could save your life or the life of a loved one. Use this card to recognize and respond to stroke symptoms quickly.

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FACE DROOPING

Does one side of the face droop or is it numb? Ask the person to smile.



ARM WEAKNESS

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



SPEECH DIFFICULTY

Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?



TIME TO PHONE

If the person shows any of these symptoms, even if the symptoms go away, phone emergency services and get them to the hospital immediately.